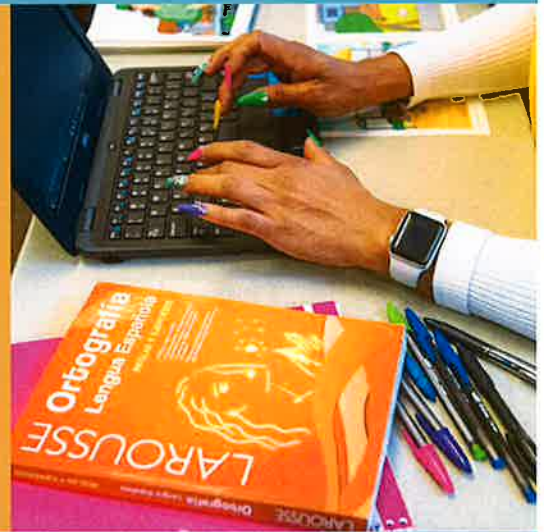


**PROGRAMS FOR
FAMILIES IN THE
ROARING FORK VALLEY
AND MORE**



ALMA - A program for women seeking a supportive space during the postpartum period and who have children aged 0 to 5 years. Learn skills and strategies to help you feel better. The program is delivered through home visits.

FAMILY SUPPORT- The Family Support Team functions as a bridge to help families and community members connect with resources available in our community. Receive support with completing a public assistance application, learning about local food banks, seeking legal advice, and much more.



LEARNING WITH LOVE - A program that offers classes and home visits to parents and caregivers of children 0 to 3 years old and women who are pregnant . Learn about your child's development and connect with other parents and caregivers.

EL BUSESITO- A program that provides preschool education to children 3 to 5 years old. Children learn to follow a classroom routine, and teachers support the academic, social-emotional, linguistic and cognitive growth of the students.

PARENT MENTOR - A program for adults who are interested in being volunteers inside elementary school classrooms. Learn how to navigate the school system and how to support students in the classroom.

FAMILY, FRIENDS AND NEIGHBORS - Supports informal childcare providers in our community with tools, education and resources. Learn about safety, child development, nutrition and much more.



**All Valley Settlement programs are offered in Spanish
and are completely free to any participant.**

Are you interested in our programs?

Call (970) 963-0851, or email info@valleysettlement.org